

Nancy, 91*

Nancy enrolled with the WAF in May 1944. She served in the operational theatres of both England and Singapore for four years before being demobilized in May 1948. Her rank at the end of her service was Aircraft Woman 1st Class. She received a service medal for her war efforts.

In 1955, Nancy married her husband and they moved to Zimbabwe (what was then Rhodesia) almost immediately. They had a son in 1957 and she divorced her husband in 1963, raising her son alone thereafter. For many years until retirement, Nancy worked as a Secretary for the City of Salisbury (now Harare), then latterly for the Ministry of Mines.

In 2013, she approached ZANE for assistance as she was short of funds and struggling to cover her bills. Nancy is an independent woman who struggles with her small pension and though very grateful for the help she receives, she



is continuously anxious about her finances. She remains close to her son but he is unable to find work in a country with 90% unemployment and can't help her financially. In addition to soaring costs, Nancy now has the added problem of failing health and is suffering with high blood pressure, diverticulitis and arthritis. These conditions necessitate expensive medical procedures not covered by her medical aid. Thanks to the generosity of ZANE donors, we are

able to help Nancy meet essential medical costs and contribute towards her basic food bill, which due to escalating costs in Zimbabwe, rises on a monthly basis. There are many more like Nancy on ZANE's waiting list desperate for help and support.

"Thanks to the generosity of ZANE donors, we are able to help Nancy."

Reasons to support ZANE

- 1 ZANE builds a personal relationship with every one of the 2,600 elderly, often very lonely, people to whom we give aid, support and encouragement. Only those really in need of assistance receive it.
- 2 ZANE provides the only social services network in Zimbabwe. Where help for the poverty-stricken is needed, ZANE staff draw support from a range of sources, including family members in Zimbabwe and overseas.
- 3 Donors are able to choose which aspect of ZANE's mission they plan to support.
- 4 Recently ZANE was the Telegraph Group Overseas Charity of the year.
- 5 ZANE is in effective partnership with all the relevant UK Services' charities. Since 2004, ZANE has distributed over £3m in grants to war veterans and their widows in Zimbabwe.
- 6 ZANE runs micro-finance and training initiatives to enable self-help businesses and food production in impoverished communities in Zimbabwe.
- 7 ZANE funded the first clubfoot correction programme in Zimbabwe. Eleven treatment centres have been established and over 1,500 children have received treatment to date.
- 8 ZANE receives no aid from the government and relies wholly on support from private donors.
- 9 An independent consultancy reviewed ZANE and the report stated: "The charity thrives on its responsiveness, flexibility and lack of bureaucracy. Operationally ZANE is frugal, focused and effective in delivering aid to the needy."



ZANE is one of the most impressive charities I have seen. The charity provides practical support to the most vulnerable people and does so in a way that caters for their mental and physical needs. ZANE has a dedicated team which focuses on building relationships. ZANE staff ensure that every penny raised is used to deliver results.

HE Catriona Laing CB
UK Ambassador to Zimbabwe



As a Zimbabwean who has represented my country on many occasions, I am saddened by the state of my beautiful homeland. If it wasn't for ZANE, the situation would be worse for many thousands of desperate people blighted by hunger, lack of access to education and ill health. ZANE provides a lifeline to these people and its efficiency and effectiveness is commendable.

Nick Price
Zimbabwean Professional Golfer



Reg Charity No 1112949

Zimbabwe A National Emergency

Walking for ZANE

We are walking for the desperate, hungry and frail people of Zimbabwe who rely on ZANE to survive.



Please sponsor us today and save a life.

**Hay-on-Wye to Ipswich
220 miles between 8 September and 4 October**



Zimbabwe A National Emergency

You can make a donation by phone or online
020 7060 6643 www.zane.uk.com

Reg Charity No 1112949

*Names and images have been changed to protect privacy and security

THE CRISIS DEEPENS

“Neither Up Nor Down” Hay-on-Wye to Ipswich 8 Sept to 4 Oct 2016

Dear Reader
We thank those of you who have already agreed to sponsor our walk so generously.

May I remind you we set off on 8 September and we propose to arrive in Ipswich on 4 October.

This walk covers some 220 miles and we will produce another commentary on the walk.

When we have finished, Jane and I will have walked 2000 miles for the poorest of the poor in Zimbabwe.

Why are we walking? We are walking to attract attention to the most vulnerable people in Zimbabwe, often forgotten by the media.

Imagine watching your beloved country being destroyed by gross corruption and greed, your savings and pensions destroyed by inflation, your livelihood wrecked; imagine waking each morning in pain through lack of medicines, facing another day of hunger.

Should anyone who served the crown be allowed to live like this?

The country is in melt-down and the shattered economy deteriorates daily giving rise to great poverty and despair. Through gross corruption and mismanagement the government has lost control. The police and the civil service are often unpaid. Confidence throughout the country is at an all-time low and unemployment is rising to catastrophic levels.

Although the country has run out of dollars, fortunately ZANE's ability to access and distribute cash remains

intact - how we do this is confidential on grounds of security.

We would remind donors that ZANE is a relational charity in that we provide the only social services network in Zimbabwe. ZANE staff interviews all potential recipients of aid to ensure that only those who are genuinely in need receive our donor funds.

Please remember that ZANE has never lost money through corrupt officials, middlemen or bankrupt banks.

Donors can be confident that aid goes only where it will make a significant difference and save lives.

Thank you for your support. The generosity of ZANE donors and our ability to continue to distribute aid to the poorest of the poor and the vulnerable has never been so timely for their survival.

We are walking for the forgotten pensioners, for children with clubfoot, for victims of landmine explosions, for hungry school children and countless others caught in Mugabe's web of terror.

If you haven't already done so, please sponsor us.

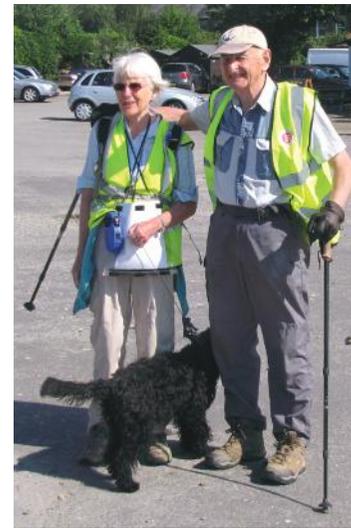
Together we can turn hunger and misery into security and hope.

Yours sincerely

Tom Benyon

Tom Benyon OBE

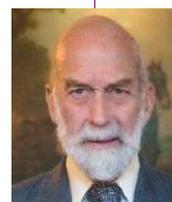
Follow the Blog . . .
read Tom's blog as he walks via the link at www.zane.uk.com



Tom & Jane Benyon with Moses the dog

DATE	PLACE	DATE	PLACE
SEPT	Hay-on-Wye	Thu 22	Claydon
Thu 8	Staunton-on-Wye	Fri 23	Blakesley, Towcester
Fri 9	Burghill	Sat 24	Cosgrove, Milton Keynes
Sat 10	Ullingswick	Sun 25	Hardmead
Sun 11	Worcester	Mon 26	Goldington, Bedford
Mon 12	Worcester	Tue 27	St Neots
Tue 13	Day off	Wed 28	Day Off
Wed 14	Kington	Thu 29	Hardwick, Cambridge
Thu 15	Alchester	Fri 30	Fulbourn
Fri 16	Pillerton Hersey	OCT	
BREAK		Sat 1	Little Thurlow
		Sun 2	Sudbury
		Mon 3	Hadleigh, Suffolk
		Tue 4	Ipswich

For details of the start and finish points for each day, see the link at www.zane.uk.com



I have supported ZANE for many years as they do excellent work amongst the vulnerable in Zimbabwe.
HRH Prince Michael of Kent CVO



ZANE does an excellent job for the people of Zimbabwe. I wish the charity really well in 2016.
Rt Hon David Cameron MP
Former Prime Minister

SPONSORSHIP or DONATION form for the Benyons' walk from Hay-on-Wye to Ipswich

I agree to sponsor Tom & Jane Benyon for each of the 220 miles Total £

1860816

Title Initials Surname
Address
Postcode Tel Email

Please complete this form and send it to: FREEPOST RSBR-YLRX-UBUH, ZANE, PO Box 451, Witney OX28 9FY

Preferred use of gift: Trustees' Discretion , Pensioner Work , Impoverished Communities

giftaid it Please tick the box below and make this gift and any donations made in the future, or made in the past 4 years, worth 25% more with Gift Aid. Gift Aid is reclaimed by ZANE from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

I am a UK taxpayer and understand that if I pay less income tax and/or Capital Gains tax than the amount of Gift Aid claimed on all of my donations in that tax year, it is my responsibility to pay any difference.

Date Signature

Please notify ZANE if you

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains

Please consider leaving a gift to ZANE in your will. Tick here for further information

DONATE BY CHEQUE OR CARD I enclose a cheque for £

cheque payable to "ZANE: Zimbabwe A National Emergency" or please debit my Debit/Credit Card for £

Mastercard Visa Amex CAF Debit Start date Issue No

Card no Expiry date

Security Code Name on Card

I would like to make a regular gift via Direct Debit of £ every month OR £ quarterly

OR £ annually. Please debit the above amount from my account on or around the (tick as appropriate) 1st or 15th of (month)

DIRECT DEBIT FORM

Please complete this form using a ball point pen and send it to ZANE: FREEPOST RSBR-YLRX-UBUH, ZANE, PO Box 451, Witney OX28 9FY.

Instruction to your bank or building society to pay by DIRECT DEBIT



Please do NOT send this form to your bank.

To: The Manager Bank/building society
Address
Postcode

Service user number

8 3 9 9 7 5

ZANE Reference (Office use only)

Name(s) of account holder(s)

Branch sort code

Bank/building society account number

Instruction to your bank or building society
Please pay ZANE Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with ZANE and, if so, details will be passed electronically to my bank/building society.

Signature(s)

Date

Banks and building societies may not accept Direct Debit Instructions for some types of account