

## Nowhere to go . . .

**Mary used to be a hairdresser, hardly making enough to survive, sharing a room with eleven others. Old sheets served as room dividers and were Mary's only privacy. When there were no more hairdressing customers, Mary took to the streets of the city, selling old clothes on the pavements, trying to make a few dollars for food and medicine. Mary is 73 and asthmatic but, hard as she tried, it wasn't long before she even lost her space in the overcrowded room.**

Mary moved to a campsite on the outskirts of the city and found a place amongst a

small community of people where fifteen elderly men and women with nowhere else live in old tents. They are all totally reliant on the goodwill of strangers and donations from well-wishers. There is no hot water at the site and many in the group are vulnerable to health problems due to the harsh living conditions, exposure to the elements, poor sanitation and lack of easy access to clean water.

Last year, Mary's close friend at the camp died suddenly leaving Mary struggling to cope on her own. She was visited regularly by a member of the ZANE team who provided a small grant and a regular food supplement. Three months ago, Mary had a bad fall at the camp, breaking both arms. A member of the ZANE team took Mary to hospital but she was discharged the following day.



As she was unable to return to the camp, a residential care home was thankfully willing to admit Mary without a deposit and with substantially reduced monthly fees. For now, ZANE is able to cover these fees and Mary is thriving. However, with increasing demands on its resources like this, ZANE urgently needs to raise funds to keep Mary and countless others like her safe and comfortable.



I have supported ZANE for many years as they do excellent work amongst the vulnerable in Zimbabwe.  
**HRH Prince Michael of Kent GCVO**

I have seen a little bit of ZANE's work on the ground and from what I have seen it is very, very impressive . . . ZANE is one of those lovely organisations that make a little bit of money go a long, long way. ZANE is a good cause and the money is properly and well spent.

**John Simpson CBE**  
World Editor of the BBC



ZANE does an excellent job for the people of Zimbabwe. I wish the charity really well in 2018.

**Rt Hon David Cameron**  
Former Prime Minister



ZANE's work in Zimbabwe provides an essential lifeline of support for those who cannot help themselves. It is a wonderful charity and the money goes where it's needed.

**Lord Hastings of Scarisbrick CBE**  
Chairman, ZANE Council of Reference

## Reasons to support ZANE

1. ZANE provides aid, comfort and support to 1,800 impoverished pensioners with nowhere else to turn. Only those genuinely in need of assistance receive it.
2. Donors can choose which area of ZANE's work they wish to support.
3. ZANE was recently the Telegraph Group Overseas Charity of the year.
4. ZANE is looking after over 600 aged and frail veterans and their widows. These people fought for the Crown in WW2, Malaya, Korea and Aden. Despite their loyal service to the UK, the overwhelming majority are living with insufficient food and limited healthcare.
5. ZANE runs education programmes in the high-density areas assisting women and children living in extreme poverty.
6. ZANE funded the first clubfoot correction programme in Zimbabwe. Eleven treatment centres have been established and over 2,600 children have received treatment to date.
7. ZANE funds the provision of prosthetic limbs for victims of landmine explosions and treatment for people with hearing loss.
8. ZANE's funds are subject to rigorous audit and ZANE is proud that since its foundation it has never lost money to collapsed banks, middlemen or corruption.
9. An independent consultancy reviewed ZANE and the report stated:  
*"The charity thrives on its responsiveness, flexibility and lack of bureaucracy. Operationally ZANE is frugal, focused and effective in delivering aid to the needy."*

### RESPECTING YOUR DATA

We like to keep you updated with ZANE's work and will keep your details so we can contact you in the future about our activities and how you can support us. ZANE will never share your details with any third party. If you would rather not hear from ZANE in the future or would like to hear from us less, please do get in touch to let us know. You can do this by:

- calling 020 7060 6643
- emailing [info@zane.uk.com](mailto:info@zane.uk.com)
- writing to us at Freepost RSBR-YLRX-UBUH, ZANE, PO Box 451, Witney OX28 9FY.

Further information on how we use and protect your personal information, together with details of your legal rights in relation to it, can be found on our Privacy Policy. You can view this at:  
[www.zane-zimbabweanationalemergency.com/policies.asp](http://www.zane-zimbabweanationalemergency.com/policies.asp)



Reg Charity No 1112949

**Zimbabwe A National Emergency**

You can make a donation by phone or online  
**020 7060 6643** [www.zane.uk.com](http://www.zane.uk.com)



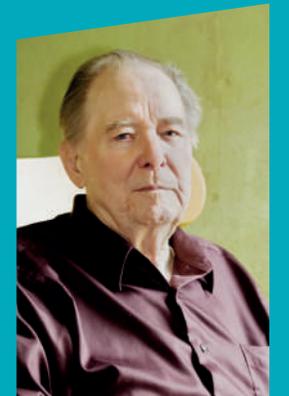
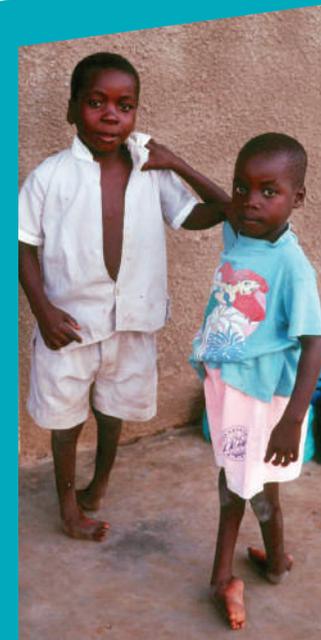
Reg Charity No 1112949

**Zimbabwe  
A National  
Emergency**

# 2018 ZANE Walk

**Over 2,200 miles  
and Walking On for the  
poorest of the poor**

**Bournemouth to Oxford  
4 to 18 July**



**PLEASE SPONSOR US TODAY AND SAVE LIVES**

Dear Reader

**It could be any of us!**

Why are Jane and I and our dog, Moses, walking yet again? We are walking on behalf of people like Mary Bannister featured overleaf. Mary is just one of many voiceless pensioners living in Zimbabwe. Until we found her, she was living a life of despair in shattered Zimbabwe. Imagine living in a tiny tent on a makeshift campsite in your 70's, not knowing where your next meal will come from.

We are walking for those people robbed of their life savings and pensions and now too old or ill to work; people with no access to basic healthcare, empty cupboards and nowhere else to turn. Today they rely on ZANE for support in their declining years. We provide food, rent, medicine, comfort and hope.

*"I would have died without your support."*

*"I'd lost hope. Thank you for making me smile again."*

*"Thank you is not enough. I don't know where I'd be without ZANE."*

Today, Mary and hundreds like her have enough to eat. They are receiving medication for diabetes, for high blood pressure. They are no longer full of despair. But for every one we help, another is waiting.

\* Names have been changed for security purposes

And so we walk for those who still need our help, for the destitute and lonely of Zimbabwe. We walk to give them hope. We walk to keep them alive.

If you have already sponsored us, thank you so much!

If you haven't, please do so.

Yours sincerely

*Tom Benyon*

Tom Benyon OBE



**follow the blog . . .**

read Tom's blog as he walks via the link at [www.zane.uk.com](http://www.zane.uk.com)

**We walk to help the poorest of the poor and for those who would otherwise be forgotten.**

**START**

Date

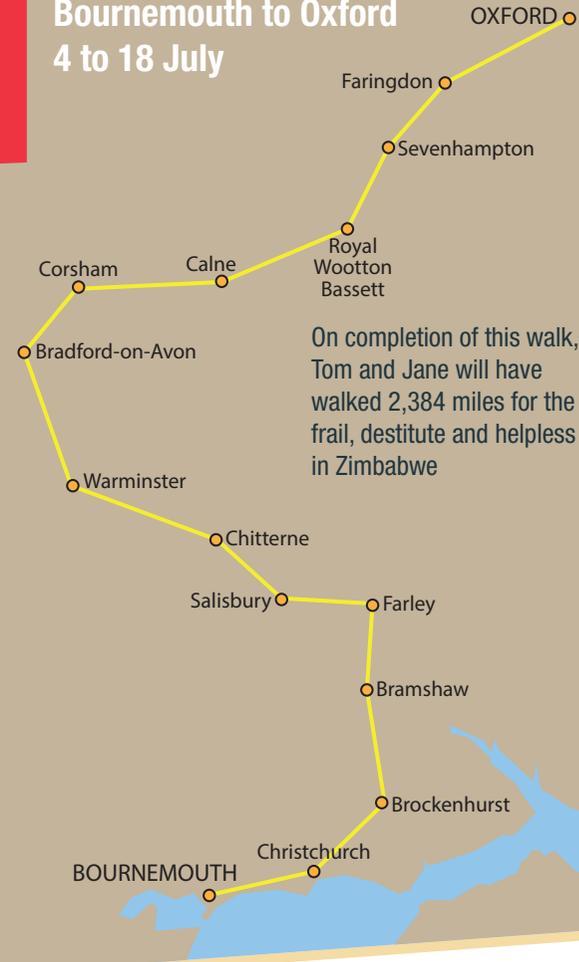
- Wed 4 July
- Thu 5 July
- Fri 6 July
- Sat 7 July
- Sun 8 July
- Mon 9 July
- Tue 10 July
- Wed 11 July
- Thu 12 July
- Fri 13 July
- Sat 14 July
- Sun 15 July
- Mon 16 July
- Tue 17 July
- Wed 18 July

Bath Road, South Car Park, Bournemouth

Finish Points

- Christchurch
- Brockenhurst
- Bramshaw
- Farley, Wilts
- Woodford, Salisbury
- Chitterne, Warminster
- Bath Road, Warminster
- DAY OFF**
- Bradford-on-Avon
- Corsham
- Calne
- Royal Wootton Bassett
- Sevenhampton
- Buckland, Faringdon
- Christ Church Cathedral, Oxford
- FINISH**

**Bournemouth to Oxford  
4 to 18 July**



On completion of this walk, Tom and Jane will have walked 2,384 miles for the frail, destitute and helpless in Zimbabwe



ZANE is one of the most impressive charities I have seen. The charity provides practical support to the most vulnerable people and does so in a way that caters for their mental and physical needs. ZANE has a dedicated team which focuses on building relationships. ZANE staff ensure that every penny raised is used to deliver results.

**HMA Catriona Laing CB**  
UK Ambassador to Zimbabwe



Having grown up in Zimbabwe and after many years of involvement with ZANE, I can state categorically that it is an excellent organisation. The team on the ground know each individual they help, and they treat the old, sick and afflicted with kindness and compassion. I have no hesitation in recommending that you support this worthy cause.

**Henry Olonga**  
Former Zimbabwe International Cricketer.



**Zimbabwe A National Emergency** Registered Charity No 1112949

You can make a donation by phone **020 7060 6643** or online [www.zane.uk.com](http://www.zane.uk.com)

Title \_\_\_\_\_ Initials \_\_\_\_\_ Surname \_\_\_\_\_  
 Address \_\_\_\_\_  
 Postcode \_\_\_\_\_ Tel \_\_\_\_\_ Email \_\_\_\_\_  
 Please tick if you are happy for ZANE to send you updates by email.

**Please complete this form and send it to: FREEPOST RSBR-YLRX-UBUH, ZANE, PO Box 451, Witney OX28 9FY**

Preferred use of gift: Trustees' Discretion , Pensioner Work , Impoverished Communities

Please tick the box below and make this gift and any donations made in the future, or made in the past 4 years, worth 25% more with Gift Aid. Gift Aid is reclaimed by ZANE from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

*giftaid it*

I am a UK taxpayer and understand that if I pay less income tax and/or Capital Gains tax than the amount of Gift Aid claimed on all of my donations in that tax year, it is my responsibility to pay any difference.

Date \_\_\_\_\_ Signature \_\_\_\_\_

Please notify ZANE if you

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains. Please consider leaving a gift to ZANE in your will. Tick here for further information

I would like to make a regular gift via Direct Debit of £ \_\_\_\_\_ every month OR £ \_\_\_\_\_ quarterly OR £ \_\_\_\_\_ annually. Please debit the above amount from my account on or around the (tick as appropriate) 1st  or 15th  of (month) \_\_\_\_\_

**Instruction to your bank or building society to pay by Direct Debit**

ZANE: Zimbabwe A National Emergency

Please fill in the form and send to: ZANE: FREEPOST RSBR-YLRX-UBUH, ZANE, PO Box 451, Witney OX28 9FY.

Name and full postal address of your bank or building society

To: The Manager \_\_\_\_\_ Bank/building society

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Service user number **8 3 9 9 7 5**

Reference \_\_\_\_\_

**Instruction to your bank or building society**  
 Please pay ZANE Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with ZANE and, if so, details will be passed electronically to my bank/building society.

Name(s) of account holder(s) \_\_\_\_\_

Signature(s) \_\_\_\_\_

Branch sort code \_\_\_\_\_

Bank/building society account number \_\_\_\_\_

Date \_\_\_\_\_

Banks and building societies may not accept Direct Debit Instructions for some types of account. **DD15**

**DONATE BY CHEQUE OR CARD**

I enclose a cheque for £ \_\_\_\_\_

cheque payable to "ZANE: Zimbabwe A National Emergency" or please debit my Debit/Credit Card for £ \_\_\_\_\_

Mastercard  Visa  Amex  CAF  Debit  Name on Card \_\_\_\_\_

Card no \_\_\_\_\_

Start date \_\_\_\_\_ Expiry date \_\_\_\_\_ Issue No \_\_\_\_\_ Security Code \_\_\_\_\_