



Thanks to you, ZANE's loyal and generous supporters, we are able to help hundreds of destitute people who would otherwise be forgotten.

Were it not for ZANE, they would fall through the cracks.

In a country with no social security, NHS or state pension, there is nowhere else for them to turn.

Your kindness provides food, shelter, medicine and comfort.

It provides hope, and for that we **THANK YOU**.



Alan*, 66, has never married and has no family.

Despite a rewarding career in engineering, poor health forced Alan to retire early and with no state pension, his savings soon ran out. Your donations enable ZANE to assist Alan with a grant of £130 a month to cover his rent and utility bills. ZANE also provides a fortnightly fresh food parcel comprising a range of vegetables, eggs and chicken. In addition, ZANE covers the cost of his monthly asthma inhalers at £35 and top-up oxygen at £12.



Thank you. Were it not for the money I receive from ZANE, I simply wouldn't survive. You help keep a roof over my head, food in the fridge and crucially, pay for the inhalers that keep me alive. I am so very grateful.

ZANE has been assisting Irene*, 78, for the last three years since her husband died.

She has hypertension, severe arthritis and has recently developed complications with her eyes. ZANE assists Irene with a grant of £75 a month towards her living costs. In addition, ZANE covers the cost of her monthly medication for high blood pressure (£7.70), anti-inflammatories (£19), pain killers (£6) and eye drops (£9).

Her health has much improved since ZANE began assisting her and this has greatly enhanced her quality of life. However, as with so many vulnerable people supported by ZANE, the Covid enforced lockdown has been very hard for Irene; she has felt isolated and lonely. The team in Zimbabwe look forward to being able to spend more face-to-face time with Irene and others like her as soon as the restrictions allow.



Thank you for helping. Your kindness to strangers like me is so wonderful. Since ZANE started helping I'm healthier than I have been for years.

Thank you

Ruwa, 8, joined one of ZANE's pop-up classes last year. Prior to that she had never attended school. She lives with her mother and three siblings in a very simple shack in a township with no running water or electricity. Ruwa's father died 18 months ago and the family struggle to buy sufficient food. Thanks to the generosity of ZANE's supporters, Ruwa receives a hot meal each day that she attends the classes.

The difference in just a few short months of Ruwa starting school was incredible. She has gained weight, has more energy and has grown in confidence. Ruwa has an incredible desire to learn and she has made remarkable progress; she is reading full sentences and has progressed to subtraction after mastering addition. Were it not for ZANE, Ruwa would not be receiving an education.



I love going to school. I see my friends and we sing and dance.

I can read now and am very proud of myself.

How we spend your donations

£23

pays for hypertension medication for three pensioners for a month

£57

pays for diabetes medication for three pensioners for a month.

£75

pays for a cataract operation for one pensioner

£83

spent per pensioner on fresh vegetables each year

£110

covers the travel cost for ten veterans to collect life-saving medication

£160

per month spent on rice for Bulawayo care home residents

£240

successfully treats a child with clubfoot; ZANE has treated over 4,000 to date

£394

per month spent on eggs in Harare care homes

“ The ZANE Team have selflessly supplied me with veggies, groceries, medicines and help towards my rent on a monthly basis and have blessed me at Christmas with lunch and a hamper.

Depression sets in now and again and it is comforting to know that, apart from material support, words of encouragement and support are always forthcoming. Please accept my heartfelt thanks for all that you are doing.

From a grateful recipient, Harare

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