



Reg Charity No 1112949

ZANE: Zimbabwe A National Emergency

Over 4,220 children have received treatment for clubfoot as a result of your generosity.

Your donations fund the provision of food for over 930 pensioners living in care homes.

Thanks to your support, ZANE can provide aid to over 2,090 impoverished pensioners.

ZIMBABWE



Winter 2021/22 Newsletter

Thank you

As we come to the end of another challenging year in which the global pandemic continues to dominate, we would like to thank you for your ongoing support of ZANE. Your donations have enabled ZANE to provide aid to some of the most vulnerable people in Zimbabwe. Your generosity has made it possible for ZANE to take on new desperate cases and to assist more people than ever before.

As Zimbabwe teeters on the cusp of another economic crisis, life continues to get harder for ordinary Zimbabweans. Foreign currency is in such short supply that the value of the US dollar against the Zimbabwe bond dollar is soaring. Food prices are increasing because retailers are having to keep up with the cost of buying US dollars to import goods to restock their shelves.

Fuel costs are also creeping up and frequent power cuts are once again commonplace in many areas. To further compound the misery, the country's biggest telecommunications provider

recently increased its prices by 30% overnight.

Imagine how much worse the situation would be for thousands were it not for ZANE. Your support enables ZANE to provide food, shelter and medicine, and to protect the most needy and vulnerable – people with nowhere else to turn. It is not an exaggeration to say that your donations have saved countless lives.

Please read on to see just how your gifts are helping. We hope you will feel proud of the difference you have made. On behalf of the ZANE team and all those we support, **thank you.**

Covid update

Zimbabwe appears to have avoided the catastrophic Covid waves seen by much of the world. At the time of print, the official statistics show that Zimbabwe has recorded 134,000 cases and over 4,600 deaths. The actual figure is thought to be much higher but inadequate testing and cause-of-death reports keep the figures low.

Despite the comparatively low case numbers, the consequences have still been devastating. With the majority of Zimbabwe's working population making their living as street vendors, the impact of lockdown was immediate – hunger and desperation set in almost straight away. The healthcare system has been unable to cope; doctors earn just \$150 per month and supplies are scarce. As you will read about in this newsletter, patients need to source their own supplies and everything must be paid for upfront, in cash.

In partnership with the British Embassy in Harare, ZANE supplied PPE equipment to more than 40 care homes to help mitigate the effects of Covid. This, along with strict lockdown measures, ensured those pensioners living in care homes have been well protected.

At the time of writing, around 30% of Zimbabwe's population has received a first vaccine and 20% have received a second dose. This is woefully inadequate but it is a significantly higher number than in many other African countries.

We can finally sleep at night



Helen and Richard live in a small country town. Richard worked as a fitter in the construction industry for over 30 years. However, when hyper-inflation struck in 2007, he could no longer afford to work – his salary didn't even cover his transport costs. To put the hyper-inflation into context,

by the end of 2007, a dozen rashers of bacon cost the equivalent of a pre-inflation four-bedroom house with a swimming pool!

The firm Richard worked for later collapsed and everything he had worked for came crashing down. Helen and Richard's two adult daughters helped their parents as much as they were

A dignified death

Eddie had a long career working in various roles in the railway industry, latterly as a railway photographer. He and his wife, Anne, saved hard, and Eddie contributed to his pension throughout his career. After retiring, the couple sold their house and planned to use the proceeds to top up Eddie's pension fund. However, when hyper-inflation hit in 2007, they lost everything.

Eddie found work as a caretaker at a retirement complex where the couple received free accommodation in return. Anne helped in the office enabling them to live modestly but comfortably. These were happy years for the couple. However, after Anne died, Eddie's health started to decline and he struggled to look after himself. He was no longer able to work and required dialysis for kidney failure. Luckily, the manager of the retirement complex alerted ZANE to Eddie's situation.

ZANE took on Eddie's medical costs and arranged regular meals for him as he was too exhausted to cook for himself.

**Names and images in this newsletter have been changed for security reasons*

able. Selling all they could and taking whatever odd jobs they could find, the couple lived hand to mouth for the next decade. In 2017, Richard was diagnosed with colon cancer and the nightmare of medical bills began. Friends and family rallied to help with the cost of Richard's surgery and chemotherapy. Fate dealt the couple another devastating blow later the same year when their younger daughter died from a brain tumour.

Richard continued to need medical treatment and the mounting costs left the couple destitute. A friend contacted ZANE, simply saying, "Please help." Once we were assured all other avenues had been exhausted, ZANE stepped in and assisted with Richard's medical costs. The relief for both was palpable: "We can finally sleep at night." Once Richard's treatment was over, ZANE continued to help the couple with their food costs and their utility bills.

Sadly, Richard's cancer returned earlier this year.

With Zimbabwe's healthcare system struggling more than ever as it grapples with the impact of Covid, the couple have experienced a harrowing time getting Richard the care he needs. The situation was compounded when Helen had to undertake a mission to purchase two pints of blood that Richard desperately needed whilst undergoing treatment (the hospital treating him simply didn't have enough available.) She was told it would cost \$400, payable up front in cash. Whilst driving to another hospital to purchase the blood, Helen was accosted and the money stolen from the back seat of her car. It is hard to comprehend such a situation: the lack of life-saving blood, the necessity of having to purchase it in person and in cash, and the the horror of being robbed while carrying out such a mission.

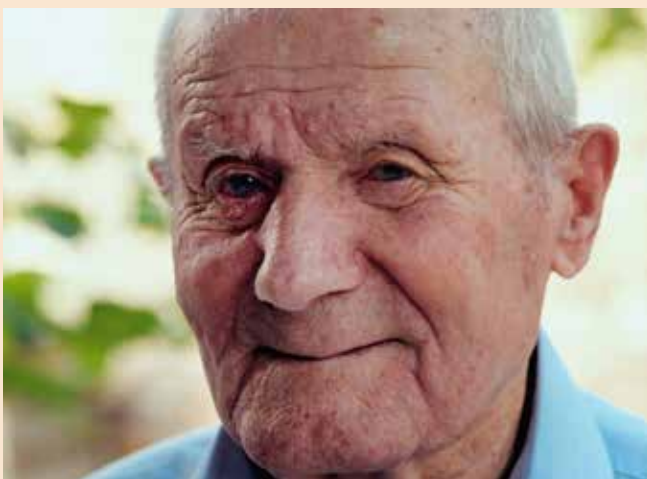
Helen pleaded with the hospital to release the blood, signing a payment plan. Two months later, Richard is making good progress. ZANE continues to assist the couple with their living costs and, alongside family

and friends, is helping them to repay the vast medical bills they have accrued.

When we spoke with Helen recently, she told us, "This is the second time ZANE has saved our lives. Please thank all those who made it possible."



The Old Legs team continued their epic adventures this summer, cycling 3,000 km from Harare to Uganda. Dubbed the Silverback Tour, the trip saw the team spending 33 days on the road, mostly camping en route. Huge thanks to the Old Legs team for their continued efforts to help Zimbabwe's pensioners.



him to move to a care home where he received three meals a day and dedicated medical care. He soon settled and made friends.

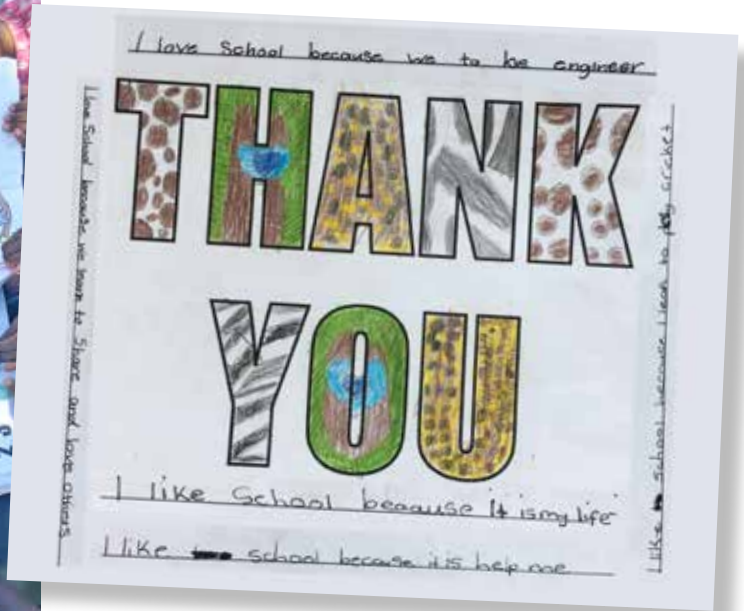
Sadly, this summer, a scan showed Eddie had pancreatic cancer and his kidney failure was getting

This continued for two years but by spring this year, it became clear that Eddie could no longer live on his own; his cottage was in poor condition and he was experiencing frequent falls. ZANE arranged and paid for

worse. The only option was palliative care. ZANE continued to cover his medical costs and arranged a walker for Eddie so he could still sit in the garden as his condition deteriorated. Eddie died in September.

We are sharing Eddie's story because were it not for ZANE, it would be very different. The move to a care home was life-changing for Eddie; he no longer had to worry about cooking or cleaning, and he no longer had to wait for someone to find him following another fall. ZANE ensured Eddie died a dignified, pain-free death. The generosity of ZANE supporters made a huge difference to Eddie's life. He died blessed by the kindness of strangers. Thank you.

£24 will pay for hypertension medication for a pensioner for three months.



Pop-up Classes

It has been a challenging year for ZANE's pop-up classes as all schools were forced to close during the government-enforced lockdowns.

However, crucially, the ZANE team continued to provide each child with a vital hot meal – for most, this is their only meal of the day. The pop-up classes resumed in August, with the opening of a ninth class meaning that 96 children now attend. The children are making excellent progress and their enthusiasm for learning is inspiring. Next year, several children will move on to mainstream school with ZANE-funded scholarships.

A gift for the future

Leaving a gift in your will, however small, is one of the best ways to help safeguard the future of ZANE. It's easy to remember us in your will, you simply need to inform your solicitor of your intentions. To request a free copy of our wills guide or for any questions you have about remembering ZANE in your will, please email legacies@zaneinfo.com

Your support is vital

Since ZANE's foundation in 2002, our supporters have been its lifeline. Today, the situation in Zimbabwe is worse than ever before. For the thousands of destitute people dependent on ZANE to survive, we need more people like you to help.

£30 pays for a small food parcel for a destitute pensioner.

£52 will cover the cost of adult nappies for one pensioner in frail care for a month.

£75 pays for a cataract operation for one pensioner.

Fundraising fun



Well done to ZANE team member Camilla John and her friend Tony Kane. They completed the London Marathon for ZANE in October, raising over £3,000 for our pop-up classes project.

A life-saving medical fund

Prior to April 2018, some 600 pre-Independence veterans and their widows living in Zimbabwe were surviving on just one meal a day. They received no medical aid. Despite serving the Crown and being promised an entirely different retirement, all were struggling to survive and living in extreme poverty.

In 2018, ZANE secured substantial funding that enabled it to increase food provision to two meals plus a snack each day and to implement a life-saving medical programme.

As a direct result of this medical programme, ZANE has funded over 3,800 medical claims. Our dedicated team in Zimbabwe have encountered tragic and desperate stories – mass hunger in their communities, children and grandchildren struggling with a lack of work and hunger.

However, in many cases we continue to witness the life-transforming impact of the project. Veterans who were previously exhausted and malnourished are now thriving with the right medication and increased calories. The medical fund has provided diagnosis and

treatment to save and prolong lives, and the food grants have greatly improved nutrition and, in turn, overall health.

Amongst many other treatments, the medical fund to date has enabled the following:

- 281 hypertension treatments
- 135 diabetic treatments
- 99 prostate treatments
- 36 cataract operations
- 141 provision of glasses
- 41 dental treatments
- 40 adult nappies supply
- 115 scans, x-rays, blood transfusions and screenings
- 53 hospital admissions

Life for our veterans has changed drastically in the last three years since the start of the medical programme. Prior to this, they were barely able to afford over-the-counter pain relief, let alone the life-saving medication they desperately needed. Fortunately, the medical programme started before it was too late and for so many, their lives have been transformed. Lives like that of Mr Z.

Mr Z, 80, was enlisted into the Signal Corps in December 1961 and discharged in February 1966. He has greatly benefited from the ZANE medical fund. He suffers from severe asthma and is prone to



pneumonia, especially during the winter months. The fund has allowed him to see a doctor on numerous occasions. Being able to procure a regular supply of asthma medication has definitely saved his life. “Most of my friends have died because they couldn’t afford to see a doctor. I know how lucky I am. Thank you.”

ZANE has witnessed first-hand the life-changing impact of the medical fund for these veterans and widows; the weight gain, the change in complexion from a sickly pallor to a healthy glow, the pride and dignity restored. Most of all, we have seen the lives saved and the lives prolonged.

For all of these veterans and widows, the message that they have not been forgotten, that their service has been recognised and that people care about their wellbeing has been heard loud and clear. This is why ZANE will continue to provide a medical fund for these veterans who assisted us in our hour of need; we owe it to them to help them in the evening of their lives.



£19 pays for diabetes medication for a veteran for one month.

£77 covers the travel cost for seven veterans to collect life-saving medication.

Clubfoot programme

Clubfoot is a congenital deformity where the feet are permanently twisted, making it painful and almost impossible to walk.



Around the world, 150,000–200,000 babies with clubfoot are born each year. Approximately 80% of these will be in low- and middle- income countries.



Without treatment, clubfoot causes a lifetime of disability. Children with untreated clubfoot in Zimbabwe face poor life chances, pain, stigma, and sadly, often abuse and neglect.



Clubfoot can be cured using the Ponseti method.



The first stage is manipulation of the foot, followed by a plaster cast for 4–6 weeks.



A small incision to the heel tendon follows, then a further period of 3–6 weeks in plaster.



The child must then wear braces for up to three years, depending on the severity of the clubfoot.

The whole procedure costs just £240.



The outcome is a life free of disability.

ZANE has successfully treated over 4,220 children to date.

Food, glorious food



Over half of Zimbabwe's population do not have enough to eat.

The provision of food to some of the most impoverished people in Zimbabwe is core to ZANE's work. ZANE provides a weekly supply of fresh fruit, vegetables, meat and eggs to 26 care homes in Zimbabwe, benefiting more than 930 pensioners. ZANE also provides fortnightly food parcels to more than 100 pensioners living in their own homes. In addition to the provision of a hot meal for 96 children attending its pop-up classes, ZANE provides a nutritional food supplement to their families, and to two additional local schools, benefiting over 800 people.



261,000 eggs are distributed to destitute pensioners every year.

£30 provides a small food parcel for an impoverished pensioner.

35,000 bananas are supplied to Zimbabwe care homes every year.



Please help the people of Zimbabwe continue to get vital aid and support

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Zimbabwe A National Emergency Registered Charity No 1112949

You can make a donation by phone **020 7060 6643** or online **www.zane.uk.com**

Title _____ Initials _____ Surname _____

Address _____

Postcode _____

Tel _____ Email _____

Please tick if you are happy for ZANE to send you updates by email



Please complete this form and send it to: ZANE, PO Box 451, Witney OX28 9FY

Preferred use of gift: Trustees' Discretion , Pensioner Work , Impoverished Communities

If a specified project is fully funded, donations will be used where most needed.

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Please tick the box below and make this gift and any donations made in the future, or made in the past 4 years, worth 25% more with Gift Aid. Gift Aid is reclaimed by ZANE from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

I am a UK taxpayer and understand that if I pay less income tax and/or Capital Gains tax than the amount of Gift Aid claimed on all of my donations in that tax year, it is my responsibility to pay any difference.

Date _____ Signature _____

Please notify ZANE if you

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

Please consider leaving a gift to ZANE in your will. Tick here for further information

Completed name and postal address required above for a Direct Debit SEE OVERLEAF TO DONATE BY DIRECT DEBIT

Please detach form and post in an envelope to:
ZANE, PO Box 451, Witney OX28 9FY England

REASONS TO SUPPORT ZANE

1. ZANE provides aid, comfort and support to 2,090 impoverished pensioners with nowhere else to turn. Only those genuinely in need of assistance receive it.
2. Donors can choose which area of ZANE's work they wish to support.
3. ZANE was the Telegraph Group Overseas Charity of the year.
4. ZANE is looking after around 600 aged and frail veterans and their widows. These people fought for the Crown in WW2, Malaya, Korea and Aden. Without ZANE, they would be living with insufficient food and no healthcare.
5. ZANE runs education programmes in the high-density areas assisting women and children living in extreme poverty.
6. ZANE funded the first clubfoot correction programme in Zimbabwe. Thirteen treatment centres have been established and over 4,220 children have received treatment to date.
7. ZANE funds the provision of prosthetic limbs for victims of landmine explosions and treatment for people with hearing loss.
8. ZANE's funds are subject to rigorous audit and ZANE is proud that since its foundation, it has never lost money to collapsed banks, middlemen or corruption.
9. An independent consultancy reviewed ZANE and the report stated: *"The charity thrives on its responsiveness, flexibility and lack of bureaucracy. Operationally, ZANE is frugal, focused and effective in delivering aid to the needy."*



ZANE does fantastic work looking after vulnerable people in Zimbabwe and showing servicemen and women that they are not forgotten. They are professional, passionate and scrupulous about how the money is spent.

HMA Melanie Robinson

UK Ambassador to Zimbabwe
Former Executive Director
of the World Bank

RESPECTING YOUR DATA

Like any charity, we could not do our important work without being able to communicate with valued supporters like you. ZANE will never sell your details to any third party. You can find more information about how we use and look after your data and your rights, including what to do if you want to hear from us less or stop hearing from us, in our Privacy Policy. You can obtain a copy of this on our website (www.zane-zimbabweanationalemergency.com/policies.asp) or by:

- calling 020 7060 6643
- emailing info@zane.uk.com
- writing to us at ZANE, PO Box 451, Witney OX28 9FY.



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You can make a donation by phone **020 7060 6643** or online **www.zane.uk.com**



I would like to make a regular gift via Direct Debit of £ _____ every month OR £ _____ quarterly
OR £ _____ annually. Please debit the above amount from my account on or around the
(tick as appropriate) 1st or 15th of (month) _____

ZANE: Zimbabwe A National Emergency		Instruction to your bank or building society to pay by Direct Debit			
Please fill in the form and send to: ZANE, PO Box 451, Witney OX28 9FY.					
Name and full postal address of your bank or building society					
To: The Manager	Bank/building society				
Address					
Postcode					
Name(s) of account holder(s)					
Branch sort code					
Bank/building society account number					
Service user number		8 3 9 9 7 5			
Reference					
Instruction to your bank or building society					
Please pay ZANE Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with ZANE and, if so, details will be passed electronically to my bank/building society.					
Signature(s)					
Date					
Banks and building societies may not accept Direct Debit Instructions for some types of account.					DD15

DONATE BY CHEQUE OR CARD I enclose a cheque for £ _____ payable to "ZANE: Zimbabwe A National Emergency"

Or please debit my Debit/Credit Card for £ _____

Mastercard Visa Amex CAF Debit Name on Card _____

Card no _____

Start date _____ Expiry date _____