



ZANE: Zimbabwe A National Emergency

3,270
home visits
to vulnerable
pensioners.

2,580
food boxes
delivered to
destitute
pensioners.

More than
6,600 children
successfully
treated for
clubfoot.



Winter 2025/26

Newsletter

Tatenda

Whilst little has changed over the past year for those assisted by ZANE in Zimbabwe, their hearts remain full of gratitude and hope – gratitude that the aid has continued, and hope that it will continue still.

ZANE is only able to offer hope and receive such heartfelt gratitude because of the kindness and loyalty of you, ZANE's supporters.

Twenty-one years on, the crisis in Zimbabwe continues. The emergency that ZANE first responded to will undoubtedly persist into the foreseeable future. Each time the Zimbabwean currency fails,

people's savings are wiped out. In February 2009, all bank accounts in the country were again reduced to zero, erasing savings and pensions alike.

After each currency collapse, those who can still work may find new employment if they are lucky, but the elderly are left without savings and with no means of earning an income – these are the people who ZANE steps in to help. Sadly, with salaries failing to keep up with the cost of living, many reach retirement with no pension, little or no savings, and no government social care. As the country spirals into ever-greater poverty, ZANE's services remain crucial.

ZANE continues to provide food, medicine and shelter to thousands of impoverished pensioners. It also offers vital education and food to children who would otherwise go without. We have successfully treated the clubfoot of more than 6,600 youngsters, totally transforming their lives.

This would not be possible without the unstinting kindness of our supporters, who continue to respond to ZANE's appeals with remarkable generosity. That generosity is saving and enhancing lives. Please read on to discover the difference your support is making.

On behalf of all those you help,
tatenda – thank you.

How to Donate to ZANE

There are many ways to donate to ZANE – online, by cheque or by bank transfer. You can also set up a **Direct Debit** to provide a monthly, quarterly or annual donation. **Regular gifts** help us to plan ZANE's work because it means we can predict how much income we'll have in the future. It helps us to know, day in and day out, that we will have a steady income stream to rely on. It also allows you to plan your giving and provides you with the flexibility to change it at any time. If you already provide a regular gift, thank you. If you would like to set up a regular payment, please complete and return the direct debit form on the back page of this newsletter.

As a ZANE supporter, you can make your generous donation go even further by completing the **Gift Aid** declaration. This allows ZANE to claim back an extra 25p for every £1 you donate, at no additional cost to you. If you are a higher rate taxpayer, then you will even receive some money back from HMRC! If you have paid more income tax in the UK than we will reclaim on your donation, then you are eligible.

This includes tax on salaries, pensions, dividends and interest – so more people are eligible than you might think. Your support can make a significant difference, helping us to reach even more people in need.

Did you know that if you leave a **legacy** to a charity in your will, that gift is not subject to inheritance tax and could reduce the taxable value of your estate? In addition, if you leave more than 10% of the total of your estate to charity, your inheritance tax rate will be reduced from 40% to 36%, which is a significant saving. If you are considering leaving ZANE a gift in your will, thank you. It will be remembered for generations to come.

To add ZANE to your will, you simply need to contact your solicitor and provide them with the following details:

ZANE: Zimbabwe A National Emergency Registered Charity Number: 112949

It could not be easier. Thank you.

A Lifetime Dedicated to Others

Bella, 86, worked as a nurse in a government hospital for more than 50 years. It was a career worthy of a comfortable pension, but her savings were sadly wiped out during the bout of record-breaking hyperinflation – yet another victim of Zimbabwe's economic catastrophe.

Bella never married, instead dedicating her life to her work and immersing herself in community life. She was very close to her sister and brother-in-law and was heartbroken when her sister died four years ago. When her brother-in-law later moved to South Africa, she sadly lost touch with him. Reluctant to ask for assistance – and insistent that others were worse off than she – Bella pretended that all was fine. Always beautifully dressed (her sister was a seamstress), she put on a facade of coping and doing well.

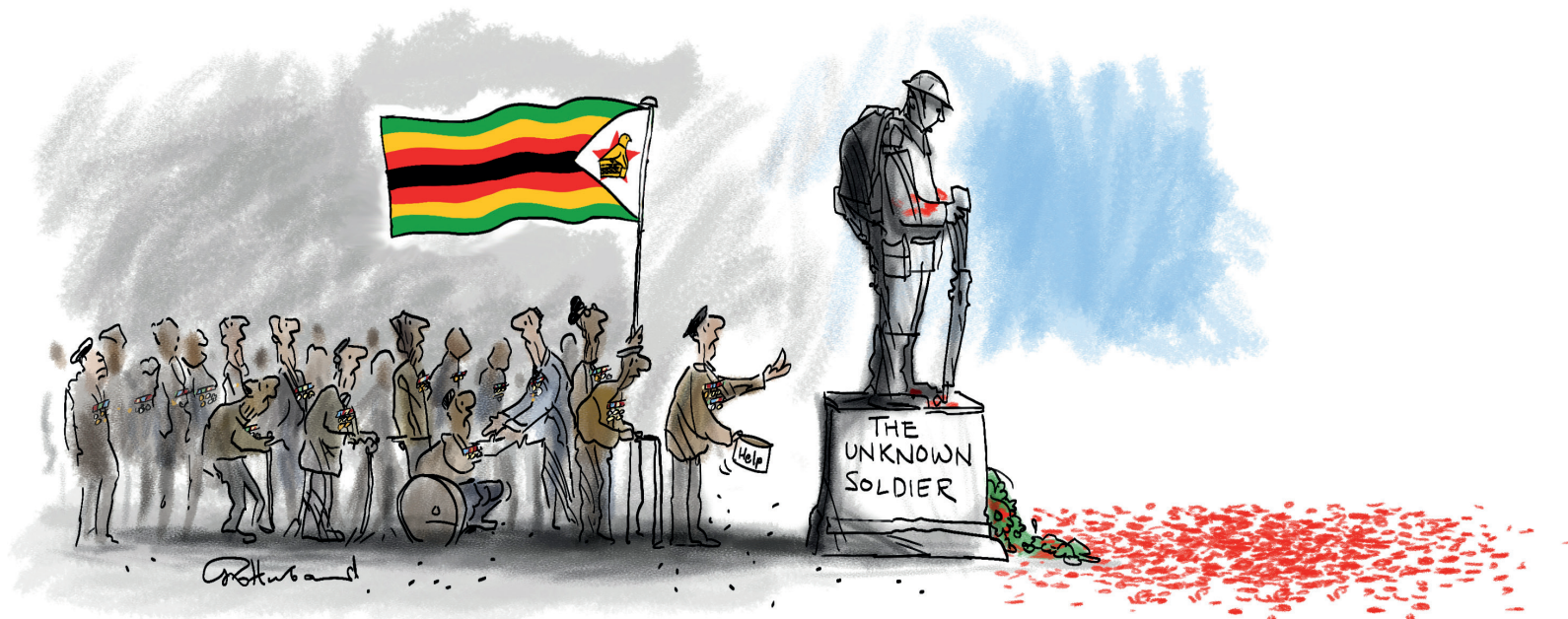


It was only when Bella collapsed at the local pharmacy last year that her circumstances became apparent. She was malnourished and anaemic – her funds had run dry but she was too proud to ask for help.

ZANE now covers Bella's bills and medical costs and provides her with a regular food parcel. This has given her a new lease of life, and she has joined her local WI group and taken up knitting again.

"I've always been the one helping others; I was too proud to ask for help. I'm so grateful that strangers in the UK care enough to help old folk like me, thousands of miles away. It really is heartwarming. Thank you."

*Names and images in this newsletter have been changed for security reasons.



The Forgotten Legion

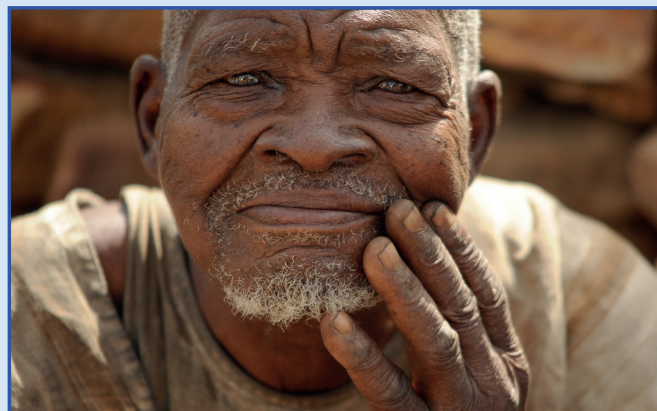
ZANE works in partnership with UK services charities to distribute welfare grants to around 440 war veterans and their widows in Zimbabwe. These veterans are part of the “Forgotten Legion” – veterans who served in the British Armed Forces prior to their country gaining independence.

The grants they receive provide the equivalent of two nutritious meals a day. Without this support, they would simply not have enough to eat. In addition, ZANE funds medical assistance for these veterans and their widows, treating conditions such as hypertension, diabetes and arthritis.

Both the food grants and medical provision have greatly enhanced their wellbeing and health. The mortality rate has declined, as deadly conditions such as hypertension are now treated.

Each of the veterans and widows we support is individually known to our team, who frequently check on their wellbeing. Many of them are supporting orphaned grandchildren whose parents died from HIV. The surviving veterans are now mostly in their 90s and becoming increasingly frail. They include Marufu, who served the Crown

in the Rhodesian services during the Malayan conflict. Like many of Zimbabwe’s pensioners, he lost his savings when Zimbabwe’s government lost control of the economy. Through no fault of his own, he was rendered wholly destitute. Marufu lives with hypertension and Type 2 diabetes, and ZANE covers the cost of his essential medication.



“ZANE saved my life,” Marufu told us recently. “I’m so grateful – thank you.”

Veterans like Marufu came to the UK’s aid when we needed them most; it is now our duty to help them in the evening of their lives.

£110

covers travel costs for 10 veterans to collect life-saving medication.

£20

pays for a month’s supply of diabetes medication for one pensioner.

A picture tells a thousand words. Please visit www.zane.uk.com and view our three-minute film. It tells the story of the work you are kindly funding and what a terrific difference it is making.



Almost half of Zimbabwe's population does not have enough to eat. Widespread poverty, the prevalence of HIV/AIDS, limited

employment opportunities and recurrent climate-related shocks all contribute to food insecurity. Malnutrition remains a significant public health concern, increasing the overall disease burden and impeding child development.

Providing food to some of the most impoverished people in Zimbabwe is at the heart of ZANE's work. ZANE does not distribute bulk food aid; every beneficiary of the food programme is personally known to us. It is a small-scale initiative with a big impact.

Care Homes

ZANE provides a weekly supply of fresh fruit, vegetables, meat and eggs to 26 care homes in Zimbabwe. Some also receive rice, pasta and lentils. This benefits more than 700 pensioners and contributes significantly to ensuring residents receive three nutritious meals a day.

ZANE works with local farms and suppliers, supporting family-run businesses. The weekly deliveries start at 6am with a large truck bringing fruit and vegetables, alongside separate



Where There is Food,

deliveries of meat and eggs. Food is delivered to a central point, with a representative from each home collecting their supply. Our team delivers to those unable to collect, as well as to those in the Eastern Highlands. It is a highly efficient and effective system.

Annual provision includes:

- **259,200 eggs** – one egg a day for each resident, an excellent source of protein
- **16,208 kg of meat**
- **36,400 bananas**
- **4,640 cauliflowers**
- **5,920 cabbages**
- Approx **45,000 onions**



Food Parcels

ZANE also provides regular food boxes to 215 destitute pensioners living in their own homes. These boxes contain cooking oil, rice, sugar, tinned fish, tinned vegetables, juice, toilet roll, tea, coffee, biscuits, and fresh fruit and vegetables. Additional donations of lentils, chocolate and other treats are often included throughout the year. These boxes are lifesaving for most recipients.

"Without the food box, I would not be able to get through the month. I feel so much better now I can eat more frequently – the hunger pain has lessened. Thank you."

Pop-up Classes

The 72 children attending our pop-up classes in a high-density community receive nutritional porridge at the start of each day – a nutrient-dense food packed with vitamins and minerals. This sets them up for the morning, easing hunger pains and aiding concentration. At lunch, each child and teaching mentor receives a hot meal of kapenta (dried fish), mealie meal, soy chunks, peanut butter and vegetables. The vegetables are grown by the children and mentors in the local community. For most of these children, all of

There is Love



whom live in extreme poverty, this is their only meal of the day.

In addition, ZANE provides monthly dried food packs and fresh vegetables to several families from the same local community. These families all have children attending the pop-up classes and are otherwise entirely destitute. Each family is well known to our small team; we have built relationships with them over a long period.

“Thank you for the food I receive at school. Before this, I would have just one meal every two or three days. Now my tummy no longer hurts and I can concentrate in class.”

Nutritional porridge is also distributed to pensioners, veterans and their widows, and orphans (from a high-density community in Bulawayo), reaching more than 1,200 impoverished individuals.



£32

will provide a food parcel for a destitute pensioner.

£21

covers the cost of a hot meal for one child attending the pop-up classes for three months.

Impact and Outcomes

ZANE supporters continue to save and enhance lives. It is your generosity and loyalty that enable us to continue our work in Zimbabwe. Please know that your kindness is never taken for granted. Every donation is warmly received and cautiously spent, always on those most in need.

For the young people helped by ZANE, your donations are truly life-changing – providing education for those who would otherwise not attend school, enabling the teaching of farming techniques to promote sustainability, and funding clubfoot treatment to transform the lives of children who might otherwise face a lifetime of disability and stigma.

For the elderly, your donations provide dignity and comfort. Your support sends a message of hope – their plight is understood and they have not been forgotten.



This year alone, ZANE has provided the following support:

- 2,600 food parcels supplied to destitute pensioners.

- 3,270 visits to pensioners in their own homes and care homes by ZANE field workers.
- More than 10,000 hot meals provided to children attending our pop-up classes.
- Life-saving medicine given to hundreds of pensioners, including hypertension treatment for 252 people.
- Successful clubfoot treatment for more than 640 children.
- Rent assistance provided to 230 pensioners living in their own homes.
- More than 4,000 heads of broccoli delivered to pensioners living in care homes.

Dear donors,
I want to say a very Big Thank You, from the bottom of my heart, for all the hard work of fund raising which you do for ZANE. Know that what you do makes a real difference, enabling ZANE to support me, and others like me, in need.
I am an ex-teacher, and when I retired after 53 years of happy service, I invested all my retirement benefits, to supplement my small Government Pension. This money has now been devalued out of existence – the second time my savings have vanished, the first occasion was in 2006-2008.
Your help makes the difference between my ability to cope, and despair.
Know that the work you do does matter, a lot, bringing smiles to faces, and hope for the future! Thank you so very much.
May God bless you, your families, and the work you do, abundantly. With all good wishes – good



“ ZANE is a brilliant charity working in the failed state of Zimbabwe, caring for the old and lonely, providing medical treatment and supporting communities. You can choose where your money goes.

Dame Prue Leith DBE DL
Cookery writer and restaurateur

”

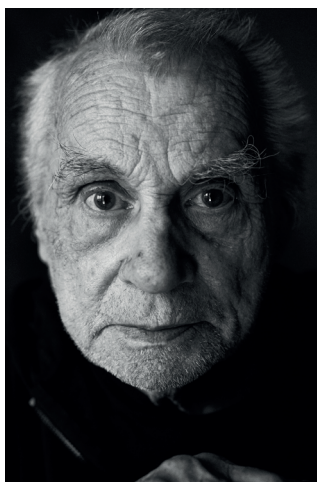
£80

**pays for a
cataract operation
for one pensioner.**

Now, thanks to ZANE, I have hope

Len, 71, is a retired art teacher and talented artist. He stopped working 14 years ago and, leaving behind his friends and support network, moved to the Eastern Highlands to care for his elderly father. Len struggled after his father died, having spent all his money on his care. Living alone in his late father's rural house – which was dilapidated and in desperate need of repair – he became increasingly isolated and sank into depression. Neglecting his personal needs and hygiene, Len ended up living in squalor.

Earlier this year, a concerned neighbour contacted ZANE for help. Our team was shocked by Len's condition. He had an advanced bacterial infection caused by poor circulation and we were distressed to discover that maggots were eating the flesh of his legs. ZANE arranged for Len to be admitted to hospital but the infection was too advanced, and sadly, both of his legs had to be amputated.



After a lengthy hospital stay, Len is now recovering in the frail care unit of a residential care home. His wounds are healing and he is responding well to physiotherapy. Len had also been struggling to see clearly but after two cataract operations, his eyesight has dramatically improved. He can now read and is slowly starting to paint again.

Len's story is a sad one and indicative of how inadequate welfare and social care provision in Zimbabwe leaves people falling through the cracks.

Thankfully, ZANE was able to intervene due to the kindness of our supporters. Without ZANE, Len would have faced a lonely and excruciating death. Instead, he is now pain-free, well cared for and has rediscovered his passion for painting.

"Having the amputation was a relief. I was in so much pain, I couldn't focus on anything else. I couldn't see a way forward and was in the pits of despair. Now, thanks to ZANE, I have hope. The cataract operation has changed my life – to be able to see again, well enough to paint, is such a blessing. Thank you."

Please help the people of Zimbabwe continue to get vital aid and support



Zimbabwe A National Emergency Registered Charity No 1112949

4691225

You can make a donation by phone **020 7060 6643** or online **www.zane.uk.com**

Title Initials Surname

Address

Postcode

Tel Email

Please tick if you are happy for ZANE to send you updates by email ☐



Please complete this form and send it to: ZANE, PO Box 451, Witney OX28 9FY

Preferred use of gift: Trustees' Discretion ☐, Pensioner Work ☐

If a specified project is fully funded, donations will be used where most needed.

giftaid it

Please tick the box below and make this gift and any donations made in the future, or made in the past 4 years, worth 25% more with Gift Aid. Gift Aid is reclaimed by ZANE from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

☐ I am a UK taxpayer and understand that if I pay less income tax and/or Capital Gains tax than the amount of Gift Aid claimed on all of my donations in that tax year, it is my responsibility to pay any difference.

Date

Signature

Please notify ZANE if you

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

Please consider leaving a gift to ZANE in your will. Tick here for further information ☐

Completed name and postal address required above for a Direct Debit

SEE OVERLEAF TO DONATE BY DIRECT DEBIT

Please detach form and post in an envelope to:

ZANE, PO Box 451, Witney OX28 9FY England

Reasons to Support ZANE

1. ZANE provides aid, comfort and support to 2,100 impoverished pensioners with nowhere else to turn. Only those genuinely in need of assistance receive it.
2. Donors can choose which area of ZANE's work they wish to support.
3. ZANE was the Telegraph Group Overseas Charity of the year.
4. ZANE is looking after over 440 aged and frail veterans and their widows. These people fought for the Crown in WW2, Malaya, Korea and Aden. Without ZANE, they would be living with insufficient food and no healthcare.
5. ZANE runs education programmes in the high-density areas assisting women and children living in extreme poverty.
6. ZANE funded the first clubfoot correction programme in Zimbabwe. Fifteen treatment centres have been established and over 6,600 children have received treatment to date.
7. ZANE runs a unique medical programme, providing basic medication to pensioners (including war veterans and their widows) for the treatment of conditions such as hypertension, diabetes and prostate issues.
8. ZANE ensures your donations are subject to rigorous audit and ZANE is proud that since its foundation it has never lost money to collapsed banks, middlemen or corruption.
9. ZANE asked an independent consultancy to review ZANE and the report stated:
"The charity thrives on its responsiveness, flexibility and lack of bureaucracy. Operationally, ZANE is frugal, focused and effective in delivering aid to the needy."



“ I have known ZANE for many years. ZANE does great work in Zimbabwe looking after pensioners, veterans and the vulnerable. Please give ZANE your full support.

Andy Flower OBE

Former captain of the Zimbabwe national cricket team and coach of the England cricket team **”**



Zimbabwe A National Emergency Registered Charity No 1112949

You can make a donation by phone **020 7060 6643** or online **www.zane.uk.com**



Registered with
**FUNDRAISING
REGULATOR**

☐ I would like to make a new regular gift via Direct Debit of: OR ☐ Please increase my existing Direct Debit to:
£ every month OR £ quarterly OR £ annually.

Please debit the above amount from my account on or around the (tick as appropriate) 1st ☐ or 15th ☐ of (month)

Instruction to your bank/building society to pay by Direct Debit

ZANE: Zimbabwe A National Emergency

Please fill in the form and send to: ZANE, PO Box 451, Witney OX28 9FY.

Direct Debits can only be set up if you provide a postal address. **Please fill in your postal address overleaf.**
Under Direct Debit regulations, we are not able to set up any direct debits without an address being provided.



Name and full postal address of your bank or building society

To the Manager	bank/building society
Address	
Postcode	

Name(s) of account holder(s)

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Bank/building society account number

--	--	--	--	--	--	--	--

Branch sort code

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Please ensure your name and address are completed overleaf

Banks and building societies may not accept Direct Debit Instructions for some types of account.

Service user number

8	3	9	9	7	5
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Reference (for office use only)

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Please pay ZANE Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with ZANE and, if so, details will be passed electronically to my bank/building society.

Signature

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Date

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DD15

DONATE BY CHEQUE OR CARD I enclose a cheque for £ payable to "ZANE: Zimbabwe A National Emergency"

Or please debit my Debit/Credit Card for £

Visa	Amex	CAF	Mastercard Credit only*	Name on Card	
Card no				Start date	Expiry date

*Please note we cannot process Mastercard Debit, so please use Mastercard Credit only