

Dear Reader

When Clint Eastwood was asked where he got the energy and inspiration from to direct yet another film at the age of ninety-five, he retorted "I don't let the old man in". It is in that spirit that we are embarking on another walk, this time between Bristol and Bourne End.

We walk because people like Rob, who you will read about overleaf, rely on ZANE to survive. Rob's story could so easily be ours . . . or yours. Yet 'there but for the grace of God go I,' it is not. Rob is just one of thousands of pensioners in Zimbabwe whose future was dictated by Zimbabwe's economic and political mismanagement and collapse.

We walk so people like Rob can live their final years free of destitution and malnourishment. We walk because the situation in Zimbabwe remains a national emergency. Healthcare, education, social services and infrastructure all continue to decline and fall into disrepair. Yet, the rich and

corrupt in Zimbabwe continue to get richer and yield yet more power. The impact on the elderly and vulnerable is devastating. These are the people we walk for.

We walk to put food in cupboards, to pay for lifesaving medication and to send a message of hope to Zimbabwe's destitute pensioners. We see them, we hear them and we will continue to help them for as long as we can.

If you can, please sponsor our ZANE walk. Your donations and messages of support inspire us to keep walking. Your generosity and kindness save lives.

Tom and Jane Benyon

Tom Benyon
Jane Benyon

Can you help with accommodation?

If you live within 20 miles of the route and could accommodate the party of three (Tom, Jane and their support driver), please let us know by ticking the box on the Participation Form overleaf.

ZANE Walk 2026 31 August - 14 September



Day	Date	Start Point	End Point
1 Mon	31-Aug	Bristol	Somerdale
2 Tue	1-Sept	Somerdale	Bath (Lower Weston)
3 Wed	2-Sept	Bath (Lower Weston)	Winsley
4 Thu	3-Sept	Winsley	Semington
5 Fri	4-Sept	Semington	Devizes
6 Sat	5-Sept	Devizes	Ladies Bridge, Wilcot
7 Sun	6-Sept	Ladies Bridge, Wilcot	Wolfhall Bridge, Burbage
	Mon 7-Sept	Rest Day	
8 Tue	8-Sept	Wolfhall Bridge, Burbage	Dun Mill Lock, Hungerford
9 Wed	9-Sept	Dun Mill Lock, Hungerford	Newbury
10 Thu	10-Sept	Newbury	Woolhampton
11 Fri	11-Sept	Woolhampton	Burghfield, Reading
12 Sat	12-Sept	Burghfield, Reading	Shiplake
13 Sun	13-Sept	Shiplake	Aston
14 Mon	14-Sept	Aston	Bourne End



If you would like to walk with Tom & Jane, please complete the form overleaf

RESPECTING YOUR DATA Like any charity, we could not do our important work without being able to communicate with valued supporters like you. ZANE will never sell your data to any third party. You can find more information about how we use and look after your data and your rights, including what to do if you want to hear from us less or stop hearing from us, in our Privacy Policy. You can obtain a copy of this on our website (www.zane-zimbabweanationalemergency.com/policies.asp) or by:
a. calling 020 7060 6643 b. emailing info@zane.uk.com c. writing to us at ZANE, PO Box 451, Witney OX28 9FY.

SPONSORSHIP & DONATION FORM

4780626



Zimbabwe A National Emergency Registered Charity No. 1112949
You can make a donation by phone 020 7060 6643 or online via Just Giving at www.zane.uk.com

Title _____ Initials _____ Surname _____
Address _____
Postcode _____
Tel _____ Email _____

Please tick if you are happy for ZANE to send you updates by email



Please complete this form and send it to: ZANE, PO Box 451, Witney OX28 9FY

Preferred use of gift: Trustees' Discretion Pensioner Work

If a specified project is fully funded, donations will be used where most needed.

giftaid it Please tick the box below and make this gift and any donations made in the future, or made in the past 4 years, worth 25% more with Gift Aid. Gift Aid is reclaimed by ZANE from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.
 I am a UK taxpayer and understand that if I pay less income tax and/or Capital Gains tax than the amount of Gift Aid claimed on all of my donations in that tax year, it is my responsibility to pay any difference.

Date _____ Signature _____

Please notify ZANE if you

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

Please consider leaving a gift to ZANE in your will. Tick here for further information

DONATE BY CHEQUE

I enclose a cheque for £ _____ payable to "ZANE: Zimbabwe A National Emergency"

DONATE BY CARD

or please debit my Debit/Credit Card for £ _____

Visa Amex CAF Mastercard Credit only*

Name on Card _____

Card no _____

Expiry date _____

*Please note we cannot process Mastercard Debit, so please use Mastercard Credit only



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I much admire ZANE's valuable work amongst the poorest of the poor in Zimbabwe, particularly amongst pensioners, and for its clubfoot programme.

The Rt Hon Sir Andrew Mitchell KCMG MP
Former Secretary of State for International Development

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FOLLOW THE BLOG

Read Tom's walking blog at www.zane.uk.com